

Rosary Retreat



Glorious Mysteries

Read: Rejoice! God is with us! Let us turn to Him—our infinite source of love. God so loved the world that He sent His Son, not to condemn the world but to save it. Our Lord built the path for us to travel which will lead us to Heaven.

Make no mistake, Jesus faced every human challenge that we face when He walked this earth. He understands everything we experience in life—the good, the bad, the temptations, the trials, the tribulations, and the triumphs. He joined us to help us, to heal us, to forgive us—to save us. How glorious it will be to enter the Kingdom of Heaven with the Holy Trinity, our Blessed Mother, and all the angels and saints! May we experience divine love for all eternity.

Pray: Apostle's Creed

Pray: One Our Father and three Hail Mary's for increase in faith, hope, and charity. Glory Be

First Glorious Mystery The Resurrection

“Why do you seek the living one among the dead?” [Luke 24:5]

Read: The Resurrection of Christ fulfills the promises made by God; it confirms all of Christ's works and teachings, according to the Catechism of the Catholic Church. Jesus admonished His disciples for not believing the word of His Resurrection from those who first saw Him after He had been raised. “Blessed are those who have not seen and have believed.” [John 20:29]

Christ opens for us the pathway to a new life. Therefore, why do we oftentimes seek fulfillment in life through ways that compromise our dignity and

lead to sin? Why do we seek fulfillment in ways that take us away from God instead of closer to Him?

The choice is ours to make: To choose the path in life that is according to God's plan or the path that will lead us astray. If we choose the Lord's path to a new life, we will never be alone in living that life. Christ promised—confirmed by the Resurrection—to be with us always, giving us His body, blood, soul and divinity, bringing us and our world closer to Heaven.

Reflection

- **What doubts hold you back on your spiritual journey?**
- **Are you able to recognize Christ in your life? What do you experience?**
- **What promises do you make to the Lord? How well have you kept those promises?**

Pray: Dear Lord, help me to never doubt Your presence in my life.

Pray: One Our Father, Ten Hail Mary's, Glory Be, Fatima Prayer

Second Glorious Mystery

The Ascension

“Exalted at the right hand of God” [Acts 2:33]

Read: Christ was raised up on the cross for our sins. Following His Resurrection, He was raised to Heaven for our salvation. “And when I am lifted up from the earth, I will draw everyone to myself.” [John 12: 32]

And as Christ was lifted toward heaven, His disciples were left with the promise that the Savior would come again. Christ raises our sights toward Heaven and at the same time, Christ dwells on earth in His Church. Each with the express purpose of raising us up in holiness.

Reflection

- **How do you practice holiness in your daily living? What steps can you take?**
- **Do you believe you can become a saint?**
- **Ponder the words of Christ—“Be perfect as your Father in Heaven is perfect.” [Matthew 5:48]**

Pray: Heavenly Father, protect me from spiritual stagnation and give me the strength to pray and do good works each and every day.

Pray One Our Father, Ten Hail Mary's, Glory Be, Fatima Prayer

Third Glorious Mystery

The Descent of the Holy Spirit

“Receive the Holy Spirit.” [John 20: 22]

Read: On the day of Pentecost, the Holy Trinity is fully revealed [CCC 732]—God the Father, the Son, and the Holy Spirit. As the Father sent the Son into the world for our salvation, the Son pours out the Holy Spirit which comes from the Father. This glorious gift of love is ours for the keeping and for the sharing—that is our mission.

Mary and the first disciples show us what comes with the Holy Spirit. We are given divine inspirations from the Spirit's gifts of wisdom, understanding, counsel, fortitude, knowledge, piety and fear of the Lord. And, let us savor the first fruits of eternal glory by the Spirit: Charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity [CCC 1831-32]

As we share in these gifts and fruits, we experience our own transformation into children of Light—the children of God. We see our purpose—to love as God has loved us. We understand what it means to be Christ-like and to see Christ in others. We recognize God's grace in our lives, giving us the strength to follow Christ's way with Mary our Blessed Mother by our side.

Reflection

- **What gifts and fruits of the Holy Spirit do you see in yourself? How do you share those blessings with others?**
- **Reflect on the ways the Holy Trinity inspires you. Share those inspirations.**
- **How does the Blessed Mother influence you?**

Pray: Spirit of the Lord, may your gifts and fruits guide me in every aspect of my life.

Pray: One Our Father, Ten Hail Mary's, Glory Be, Fatima Prayer

Fourth Glorious Mystery
The Assumption of Mary into Heaven
Heavenly Glory!

Read: Upon the completion of her earthly life, Mary, the Mother of God, was taken up body and soul into Heaven. Mary's Assumption into Heaven signifies the desire God has for all of us—to join Him body and soul in Heaven for all eternity.

Mary is the Church's model of faith and charity for every person in search of salvation. "In a wholly singular way she cooperated by her obedience, faith, hope, and burning charity in the Savior's work of restoring supernatural life to souls. For this reason, she is a mother to us in the order of grace." [CCC 968]

Reflection

- **How do you model yourself after Mary in your daily life?**
- **What obstacles do you face in living a holy life?**
- **Sit quietly and imagine yourself next to Mary holding her hand.**

Pray: Heavenly Mother, by the power of your intercession, help me to embrace my God-given responsibility to share my faith, my hope and my love with those around me.

Pray: One Our Father, Ten Hail Mary's, Glory Be, Fatima Prayer

Fifth Glorious Mystery
The Coronation of the Blessed Mother

"May the Almighty Lord bless you forever." [Judith 15: 10]

Read: "A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars." [Revelation 12: 1] Our Lady of the Rosary, Queen of Heaven and Earth, and mother to us all, Mary shares in her Son's work of our redemption. Intercessor, comforter, helper as well as our life, our sweetness and our hope, Mary takes on these roles to help us reach our salvation.

Our Lady calls on us to pray, especially the Rosary, to amend our lives and to ask pardon for our sins. Mary draws us close for a deeper understanding and greater glory of the Holy Trinity in order to share in the beauty that living in unity with the Holy Trinity offers. Bringing forth such beauty, we can be flowering examples of God's merciful love and share in the Lord's work of redemption to keep the hope and promise of salvation—and eternal joy—alive.

Reflection

- **What treasures have you discovered in the Holy Rosary and how do those treasures help you in your daily living?**
- **Ponder the ways Mary has interceded on your behalf. What prayers have been answered as a result?**
- **In what ways do you feel closer to God the Father, the Son, and the Holy Spirit?**

Pray: Dearest Mother, you gave us your Son for our salvation. May our faith in Him never diminish. Thank you, dear Lady for all that you have done.

Pray: One Our Father, Ten Hail Mary's, Glory Be, Fatima Prayer

**Hail Holy Queen
Closing Prayer**